Wechsler Adult Intelligence Scale Fourth Edition (WAIS-IV) provides the most advanced adult measure of cognitive abilities. It is composed of 15 subtests grouped into four index scales: Verbal Comprehension, Perceptual Reasoning, Working Memory, and Processing Speed.

The WAIS-IV assessment includes:
- Verbal Comprehension Index (VCI)
- Perceptual Reasoning Index (PRI)
- Working Memory Index (WMI)
- Processing Speed Index (PSI)

These indices are used to measure different aspects of cognitive abilities, such as:
- Verbal Comprehension: Focuses on listening, comprehension, vocabulary, and general knowledge.
- Perceptual Reasoning: Measures the ability to solve problems and think abstractly.
- Working Memory: Tests the ability to remember and manipulate information temporarily.
- Processing Speed: Evaluates speed and accuracy in processing information.

Each subtest is designed to assess specific cognitive skills, contributing to the overall assessment of an individual's intelligence.

For clinicians and educators, the WAIS-IV offers comprehensive guidelines for administering, scoring, and interpreting the test results, making it a valuable tool in assessing adult intelligence.